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Corewell Health West Michigan is accredited by the Michigan State Medical Society to provide continuing medical education for physicians. Corewell Health West Michigan designates this live activity for a maximum of 1.5 *AMA PRA Category 1 Credit(s)*<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Date:**

October 15, 2026

**Title:**

BeWellMED Group Coaching Program 2026- 10/15/2026

**Time:**

6:00 PM

**Objectives:**

- 1 Gain understanding of basic coaching concepts
- 2 Gain understanding of how to apply coaching concepts to personal and professional fulfillment
- 3 Identify personal and professional goals and identify and mitigate barriers and limiting beliefs

**Location:**

Various Locations

**Credit Hours:**

1.5 *AMA PRA*  
*Category 1*  
*Credit(s)*<sup>TM</sup>  
1.5 non-physician  
credit hour(s)

**Target Audience:**

Other

**Planning Committee/Faculty:**

| Name of individual                | Individual's role in activity | Nature of Relationship(s) / Name of Ineligible Company(s) |
|-----------------------------------|-------------------------------|-----------------------------------------------------------|
| KRISTIN M JACOB, MD               | Course Director, Faculty      | Non-Clinical Exception                                    |
| Kristen Y Jones, LMSW, LMSW, LCSW | Activity Coordinator          | Non-Clinical Exception                                    |
| Carrie Mccombs, BA                | Activity Administrator        | Non-Clinical Exception                                    |
| Megan Roudabush,                  | Activity Coordinator          | Non-Clinical Exception                                    |

All CME staff and content reviewers have no relevant financial relationships with ineligible companies to disclose. Corewell Health West Michigan implemented mechanisms to mitigate relevant financial relationships for all individuals in a position to control content of this CME activity

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| LMSW |  |  |
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